

# Crave

Culinary Event Design and Management

## WHAT ARE YOU CRAVING?

*Award winning food and service?*

*Freshly prepared creations?*

*Delectable bites paired with your favorite beverages?*

*Delights for every palate & need?*

*Stress free catering?*

LET *CRAVE* CREATE A CUSTOM MENU  
AND  
HELP YOU WOW YOUR GUESTS!

# SAMPLE MENUS

## BREAKFAST

### HEARTY

scrambled eggs | bacon | potatoes | biscuits | butter | preserves

### Country

biscuits | gravy | scrambled eggs | sausage patties | potatoes | butter | preserves

### Mexicana

scrambled eggs | queso blanco | black beans | fried potatoes | flour tortillas | salsa rojo

### Italian

florentine egg scramble | herbed new potatoes | sausage links | croissants | butter | preserves

### Tofu Egg Scramble

tofu | seasonal veggies | marbled fingerling potato hash | fruit salad

### French

individual quiche (bacon, gruyere, spinach, tomato) | herbed potatoes | fruit compote | muffins | whipped honey butter

### Sweet & Savory

french toast or waffles | maple syrup | scrambled eggs | bacon

### Continental

breakfast breads | breakfast bars | fruit | yogurt | granola | berries

## BREAKFAST BOWLS

Quinoa | Spinach | Tomato | Spinach | Avocado | Egg Scramble or Boiled Egg | Cheese | Green Onion

Potato Hash | Applewood Smoked Bacon | Egg Scramble or Boiled Egg | Cheddar Cheese | Fresh Parsley

Sweet Potato Hash | Maple Sage Sausage | Egg Scramble or Boiled Egg | Parmesan

Overnight Oats | Steel Cut Oats – Assorted Toppings – Can be made Vegan

# LUNCH

CHOOSE YOUR PROTEIN & SAUCE

## CHICKEN

Marinated & Grilled Chicken  
Herb Crusted Chicken  
Blackened Chicken  
Roasted Oregano Chicken  
Grilled Chicken Kabobs  
Lemon-Basil Chicken  
Southwest Grilled Chicken

## SEAFOOD

Ginger-Soy Sake Shrimp  
Basil Shrimp  
Fried Shrimp  
Blackened Tilapia  
Seared Salmon  
Pecan Crusted Halibut  
Grilled Mahi Mahi

## BEEF/PORK

Grilled Pork Tenderloin  
Blackened Pork Tenderloin  
Ancho Rubbed Flank Steak  
Beef Medallions  
Beef Tenderloin  
Beef Kabobs  
Beef Bourguignon  
Beef Short Ribs

## VEGAN & GF

Tofu Stir Fry  
"ChickN"  
Portobello Steaks  
Zucchini Ribbon Pasta | Sundried Tomato | Pine Nuts  
BBQ Jackfruit  
Stuffed Anaheim  
Veggie Kabobs  
Parmesan Eggplant Stack  
Roasted Golden Beets

## SAUCES

White Wine Butter  
Piccata  
Herb de Provence Butter  
Salsa Verde  
Red or Green Chimichurri  
Cilantro Pesto  
Basil Pesto  
Cherry Demi  
Port Demi  
Avocado Butter  
Hollandaise  
Béarnaise  
Avocado Pico

# SIDES

ALL SIDES ARE BASED ON SEASONAL INGREDIENTS

## JUNE-AUGUST

Corn | Forbidden Rice | Green Chiles | Peppers  
Orzo | Grilled Corn | Baby Heirloom Tomato | Torn Panzanella  
Herb Marinated Grilled Eggplant | Baby Kale | Heirloom Baby Tomatoes | Balsamic Vinaigrette  
Rigatoni | Tomato | Grilled Eggplant | Mushroom Ragout  
Braised Eggplant | Couscous | Spiced Mixed Greens Sauce | Roasted Red Pepper | Panzanella  
Red Quinoa | White Beans | Napa Cabbage | Champagne Vinaigrette | Pecorino  
Fava Bean | Pasta | Blistered Tomatoes | Fresh Herbs | Parmesan | Black Pepper  
Risotto | White Beans | Bitter Greens  
Watermelon | Tomatillo | Feta | Lettuce | Lime Cilantro Vinaigrette  
Three Bean Salad | Celery | Baby Spinach  
Farro | Tomato | Raw Corn | Red Wine Vinaigrette | Micro Basil  
Spiced Tomato | Chickpeas | Yogurt Sauce  
Harvest Mix | Butternut Squash | Plums | Blueberries | Rosemary Walnuts  
Haricot Verts | Tomato | Swiss Chard | Peppers | Cherries  
Cantaloupe | Watermelon | Plum | Grilled Peach | Feta | Basil | Balsamic Glaze  
Kohlrabi Apple Cabbage | Jalapeno | Red Pepper | Cilantro | Lime Vinaigrette  
Spiral Kohlrabi | Zucchini | Carrot | Black Lentils  
Kale | Kohlrabi | Dried Cranberries | Cherries | Pecans | Local Honey

## SEPTEMBER-NOVEMBER

Golden Beets | Apple | Grapes | Feta | Maple Apple Cider Vinaigrette | Slaw  
Roasted Beets | Citrus | Olives | Brussel Slaw  
Roasted Golden Beet | Cous Cous | Orange | Pepitas | Feta  
Brussels | Cauliflower | Leek Gratin  
Sweet Potato | Rutabaga Bake  
Pappardelle | Swiss Chard | Pine Nuts | Golden Raisins | Red Pepper | Shaved Parmesan  
Collards | Freekeh | Leeks | Pomegranate | Sweet Potato Hash  
Cavatappi | Baby Kale Pesto  
Rigatoni | Mushroom | Leek Ragout  
Warm Potato Bake | Acorn Squash

Panko Crusted Cauliflower

Cabbage | Mushroom | Leeks | Peppers | Cobbler

Celery Root | Turnips | Parsnips | Butternut Squash | Spinach Gratin

Crusted Fried Creamer Potatoes | Leeks | Mushrooms | Fresh Herbs

Rutabaga | Fingerling Potatoes | Chopped Rosemary | Apple Cider Maple Vinaigrette

Bulger | Mushrooms | Turnip | Spinach Almondine

Winter Squash (Acorn & Butternut) | Leek Risotto

Broccoli | Brussels | Bacon | Bulger Salad

Root Vegetable | Quinoa | Pickled Sunchokes

Soba Noodles | Baby Bok Choy | Peppers | Citrus Ginger Miso Dressing

Shredded Greens | Roasted Sweet Potatoes | Goat Cheese | Tamari Cashew Vinaigrette

## DECEMBER-FEBRUARY

Broccoli | Quinoa | Pistachios | Lemon | Herbs

Roasted Lemon | Garlic | Broccoli

Cracked Farro | Broccoli | Sundried Tomatoes | Watermelon Relish | Pecorino | Lemon

Spiced Sweet Potatoes | Broccoli

Creamy Broccoli | Pear | Pomegranate Slaw

Fried Brussels | Maple | Lemon Zest

Roasted Cauliflower | Leeks | Orange Zest

Brussel | Walnuts | Dried Cranberries | Slaw

Stir Fried Black Rice | Roasted Broccoli

Artichoke | Toasted Almonds | Parmigiana

Quinoa | Cabbage | Chickpea | Herbed Vinaigrette

Sautéed Baby Carrots | Leeks | Citrus Glaze

Roasted Beets | Sweet Potato

Broccoli | Oyster Mushrooms | Cheese Bake

Lime Cilantro Slaw

Fried Spiced Cauliflower

Baby Carrots | Root Veggies | Winter Squash

Caramelized Onion & Root Veggies Display

Polenta | White Beans | Greens

Roasted Creamer Potatoes | Peas | Parmesan

## MARCH-MAY

Quinoa | Spinach | Celery | Baby Bellas | Champagne Vinaigrette  
Collards | Black Eyed Peas | Bacons  
Celery | Apple | Peanut | Anaheim Chile | Lemon Herb Vinaigrette  
Roasted Fennel | Apple | Parmesan Cheese | Almond Gratin  
Smashed Creamer Potatoes | Lyonnaise  
Pan Roasted New Potatoes | Spring Peas | Garlic Butter  
Couscous | Cauliflower | Apricot | Apple | Candied Walnuts  
Haricot Vert | Oyster Mushrooms Bake  
Swiss Chard | Pesto Rigatoni | Artichokes  
Pappardelle | Mushrooms | Asparagus  
Couscous | Zucchini Ribbons | Kalamata Olives | Blistered Tomatoes

## THEME MENUS

### *Fajitas*

Beef & Chicken | Borracho Beans | Mexican Rice | Avocado Pico | Sour Cream | Cheese | Flour Tortillas

### *BBQ*

Brisket & Sausage | Mustard Potato Salad | Baked Beans | Pickles | Onions | Jalapenos

### *Chicken Fried Chicken or Steak*

White Gravy | Mashed Potatoes | Country Green Beans

### *Shepard's Pie*

Beef | Corn | Carrots | Peas | Mashed Potatoes | Baked

### *Beef Stroganoff*

Mushrooms | Creamy Sauce | Egg Noodles

### *Fish Tacos*

Corn Tortillas | Spicy Remoulade | Cabbage Slaw | Refried Beans | Rice

### *Lettuce Wraps*

Bibb Lettuce | Crispy Rice Noodles | Carrots | Peanut Sauce | Ginger Soy Sauce

## SALADS

*balsamic vinaigrette | buttermilk ranch | caesar | blue cheese | chipotle ranch  
cilantro lime vinaigrette | ginger orange dressing | champagne vinaigrette*

### House

mixed greens | cucumber | radish | carrot | grape tomato | croutons

### Asian

mixed field greens | mandarin oranges | sesame sticks | sliced almonds

### Spinach

chopped egg | bacon | tomato | feta

### Southwest

romaine | black bean salsa | corn | tomatoes | avocado | cucumber | queso fresco  
| black olive red onion | tortilla strips

### Organic

mixed field greens | sweet pecans | strawberries | goat cheese

### Caesar

hearts of romaine | parmesan | croutons

### Greek

feta | kalamata olive | tomato | cucumber | bell pepper | red onion

### Caprese

vine ripened tomato | fresh mozzarella | basil

## SALAD CUP SELECTIONS

Mustard Potato Salad

Shishito Pepper Potato Salad

Seasonal Fruit Salad

Sundried Tomato Pesto Pasta

## SANDWICHES

BOXED LUNCH OR PLATTERS INCLUDE SALAD CUP SELECTION, CHIPS, FRESHLY BAKED COOKIE, PICKLES, MUSTARD & MAYO

### Roast Beef + Cheddar

romaine | tomato

### Turkey + Provolone

romaine | tomato

### Ham + Swiss

romaine | tomato

### Seasonal Grilled Veggie

romaine | tomato | hummus

### Waldorf Chicken Salad

apples | pecans | celery | tarragon | multigrain bread

### Chicken Caesar Wrap

grilled chicken | hearts or romaine | parmesan | caesar dressing

### Caprese Ciabatta

fresh mozzarella | roma tomato | basil pesto

### Beef & Blue

roast beef | crumbled blue cheese | spinach | tomato | red onion | ciabatta

### Greek Chicken Pita

roasted chicken | arugula | pepperoncini | tomato | balsamic onions | feta | tzatziki *\*can also be made vegetarian*

### Tuna Nicoise

albacore tuna | onion | bell pepper | tomato | black + green olive | oregano